



## **Mental Health Consultation: Family Connections – a Cross-Systems Means of Building ECE Capacity to Meet the Needs of Families, Children, and the ECE Workforce**

### **Resources**

#### **Websites and on-line resources**

Center for Early Childhood Mental Health Consultation – Georgetown University Center for Child and Human Development

<http://www.ecmhc.org>

Early Childhood Learning & Knowledge Center (ECLKC), Head Start Training and Technical Assistance – Mental Health Consultation resources. <https://eclkc.ohs.acf.hhs.gov/mental-health>

Family Connections: A Mental Health Consultation and Professional Staff Development Model  
<https://eclkc.ohs.acf.hhs.gov/mental-health/article/family-connections-mental-health-consultation-model>

Five Action Steps to Address Maternal Depression in Head Start Programs

<https://eclkc.ohs.acf.hhs.gov/mental-health/article/five-action-steps-address-maternal-depression-head-start-programs>

Infant and Early Childhood Mental Health Consultation: Engaging with Families

<https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/infant-early-childhood-mental-health-consultation-guide.pdf>

Substance Abuse and Mental Health Services Administration (SAMHSA) Expert Convening on Infant and Early Childhood Mental Health Consultation

[https://www.samhsa.gov/sites/default/files/programs\\_campaigns/IECMHC/iecmhc-expert-convening-summary.pdf](https://www.samhsa.gov/sites/default/files/programs_campaigns/IECMHC/iecmhc-expert-convening-summary.pdf)

The Center of Excellence for Infant and Early Childhood Mental Health Consultation (IECMHC)

[www.iecmhc.org](http://www.iecmhc.org)

The Mental Health Consultation Tool <https://eclkc.ohs.acf.hhs.gov/mental-health/learning-module/mentalhealth-consultation-tool>

The National Child Traumatic Stress Network [www.nctsn.org](http://www.nctsn.org)

### Books

Beardslee, William, R. When a Parent is Depressed – How to Protect Your Children From the Effects of Depression in the Family, Little, Brown, and Company, 2002.

Hirschland, Deborah. Collaborative Intervention in Early Childhood: Consulting with Parents and Teachers of 3- to 7-Year-Olds, Oxford University Press, 2008.

Hirschland, Deborah. When Young Children Need Help: Understanding & Addressing Emotional, Behavioral & Developmental Challenges, Redleaf Press, 2015.

Johnston, Kadija & Brinamen, Charles. Mental Health Consultation in Child Care: Transforming Relationships with Directors, Staff, and Families, Zero to Three, 2006.

Koplow, Lesley, Editor. Unsmiling Faces - How Preschools Can Heal, Teachers College Press,